AGM Minutes - 13th October 2009

Minutes of Cardiff Medical Society's Annual General Meeting of 13th October 2009

1. The Meeting opened with Dr. Hamsaraj Shetty welcoming the members and thanking them for attending.

Dr David Jackson Dr Claire Walsh Mr Kadaba Rajkumar Dr Alan Workman Dr Pat Hunter

The following new members were welcomed but were unable to be present at today's meeting

Dr Nia John Mr Alun John Dr Bethan Herbert

- 2. The Minutes of the AGM held on 14th October 2008 were accepted and signed as a true record.
- 3. There were no matters arising.
- 4. President Shetty gave the President's report of the preceding year, briefly summarising the lectures. The year concluded with a successful annual dinner. He also thanked the Committee members for their support.
- 4. The Audited Accounts for 2009/2009 were adopted.
- 5. Huw J. Edmund Accountants were appointed as auditors for 2009/2010.
- 6. It was announced that Prof. Andrew Finlay had been appointed as Vice President and the remainder of the Committee members were elected in accordance with the Agenda. Invitations were made seeking other Committee members.
- 7. AOB. No items were raised.
- 8. Dr. Shetty passed the presidential chain of office to Dr. Pathy and installed him as president. Dr. Pathy gave his presidential address.

President's address - Dr Damian Pathy

New GP contract - Healthy patients or wealthy doctors?

New GP contract was introduced in April 2004 and since then there has been a large amount media publicity regarding the contract but mainly concerning GP pay.

Prior to introduction of the contract there was widespread low morale in general

practice. A BMA survey of 42,000 GPs 48% indicated their intention to retire before the age of 60. The new Labour government also wanted to change the contract to address issues such as GP access and health inequalities.

These factors drove the introduction of a contract, which saw a sudden rise in investment in general practice. A 34% increase in Wales (a sum of £110m) between 2004 and 2007. Despite this increase, total funding for general practice in Wales (including out of hours costs) works out at £145 per patient per year!!

Widespread media headlines subsequently suggesting patients and NHS as a whole suffering as a results of overpaid GP earning in excess of £250,000/year. Reality is that the average income for a GP in Wales is £93,366 /year a figure that has fallen in the previous 2 years and is significantly and increasingly less than the income in England.

Part of the work that has resulted in increased funding for GPs is the Quality Outcomes Framework (QOF) which in Wales costs £62m to fund. This is a voluntary financial reward system that measures achievement against a wide range of quality indicators.

Two studies were reviewed BMJ 2008 Ashworth et al & The Lancet 2008 Doran et al. These studies looked at data from practices covering in excess of 48 million patients. The results showed that over the 3 years following the introduction of the New GP contract there was a significant improvement in recording of BP as a whole and in the percentage of patients with chronic diseases reaching target BP. Most strikingly there was a significant narrowing of the differences in achievement between differing areas of social deprivation over the 3 years.

Two further studies were reviewed BMJ 2009 Calvert et al & NEJM 2009 Campbell et al. These studies noted improvements in quality of care in primary care prior to introduction of GP contract and looked to see if there were significant difference as a result of the introduction of pay for performance. One study showed a significant improvement was detected for diabetes and asthma care following introduction of pay for performance. The other study showed significant correlation in one area of diabetes care. Bottom line is that there is evidence that patients health has improved but it is very difficult to show conclusively that this is due to the introduction of the new GP contract as we have no control groups.

Summary: As a result of the introduction of the new GP contract I have tried to argue that we have well paid doctors providing improved, socially more equitable healthcare with improved patient health.